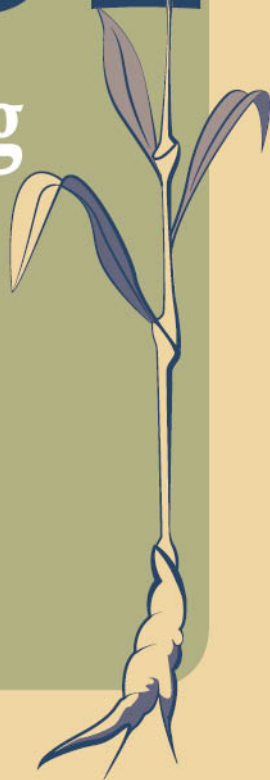


# G-RUP

A detailed illustration of a bee with yellow and black stripes, positioned near a ginger flower. The flower is a small, round, yellowish-brown cluster. The bee is facing left, and the flower is facing right.

## The Healing Power of Ginger & Honey



G-Rup is an herbal product from ginger (*Zingiber officinale* Rose) extract and honey in the form of syrup. Ginger is a well-known botanical source from the ancient time and has an investigated data in modern medicine.

**Medical indication:** Arthritis and rheumatic pains; common cold and myalgia

**Traditional medicine:** Flatulence and reflex in cold and wet stomach

**Medicinal ingredients:** Essential oils and resins. Major components of essential oils are bisabolene, curcumene and zingiberene. The medicine is standardized based on zingiberene (the most important ingredient of essential oils constituting at least 2.14). G-Rup has been standardized by 100 mg/ml ginger extract.

**Pharmacology:** Scientific data showed that the anti-inflammatory effect of ginger was more than aspirin, so it was employed for arthritis and rheumatic disorders, also the ginger extract was effective as immunogenic and anti microbial agent used for the treatment of common cold.

**Recommended dosage:** One spoonful, 3 times a day for adults; one teaspoonful, 3 times a day for children: 12-4 years of age

**Pregnancy and lactation:** Permitted to take within the recommended dosage, under the physician recommendations.

**Side effects:** Dermatitis in sensitive person to ginger.

**Interactions:** Those who use anticoagulants or suffer from gallstone have to consume under the physician's advice. **Considerable notes:** It should be consumed within the recommended dosage and should be stopped in case of allergic symptoms.

**Packaging:** Offered to the market in 120 ml syrup inside the box along with a brochure.